



BIG TREE TRAINING RUNS 2024



DONATION: R50 per runner

**CONTACT EUSENTHA:
084 665 0910**

30km Big Tree Runs

13 JAN

10 FEB

2 MAR

20 APR

27 APR

4 MAY

25 MAY

5am 5.30/km runners + 5:30am the 4.30/km runners

ROUTE: Big Tree to Buffelsfontein Rd. Turn right - proceed through Mt Pleasant onto Seaview Road past Bushy Park until road narrows and make a u-turn - back towards Mt Pleasant and at Bushy Park turn left, proceed straight onto Theescombe Hills left upper Seaview Road and back to Mt Pleasant and left into Buffelsfontein down to William Moffatt, turn left and back to Big Tree \pm 30km.

ALL DATES WILL FOLLOW SAME ROUTE